

MC-780

Datum / Zeit  
30.03.2021 09:18

Kunden-ID / Name  
12  
Michael Zeidler

Alter **41**  Normal  Athletisch

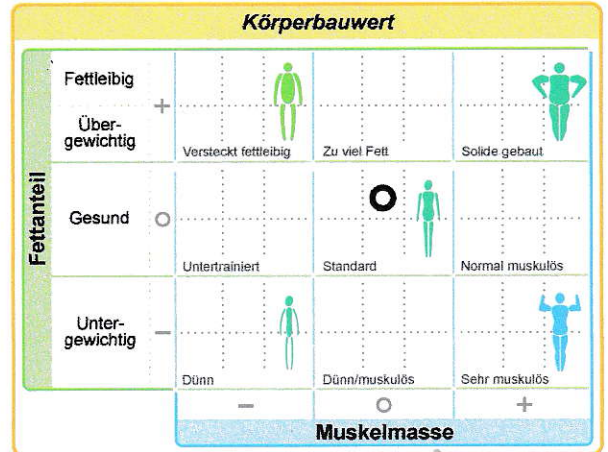
Größe **183.0 cm**  Männlich  Weiblich

Kleidergewicht (PT) **0.5 kg**

**Details**

MC-780	Ergebnis	Idealwerte	Ziel	Differenz
Gewicht	<b>83.1 kg</b>	70.3-87.1		
Fettanteil	<b>18.1 %</b>	11.0-22.0		
Fettmasse	<b>15.0 kg</b>	8.4-19.2		
Fettfreie Masse	<b>68.1 kg</b>			
Muskelmasse	<b>64.7 kg</b>	56.7-71.9		
Knochenmasse	<b>3.4 kg</b>			
BMI	<b>24.8</b>	21.0-26.0		
Skelett-Muskelmasse	<b>36.0 kg</b>			
Stoffwechselalter	<b>30</b>			

Ausführliche Erklärungen unter:  
[www.mc780.gmon.eu](http://www.mc780.gmon.eu)



**TBW - ECW (Extrazell. Wasser) - ICW (Intrazell. Wasser) - BMR - Organfett**

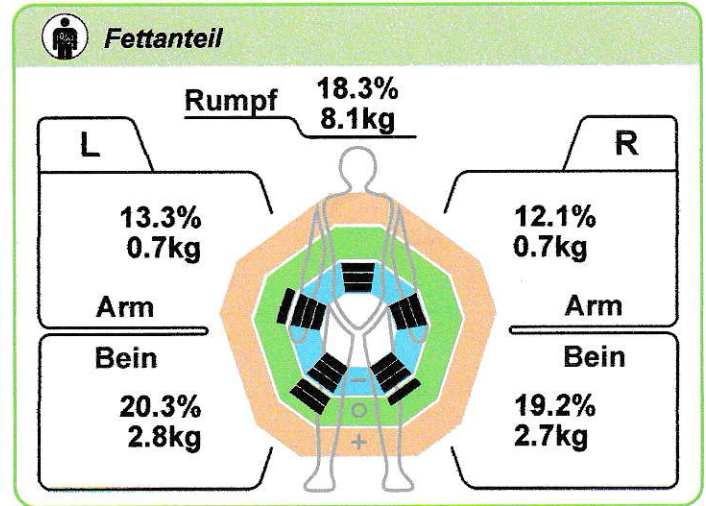
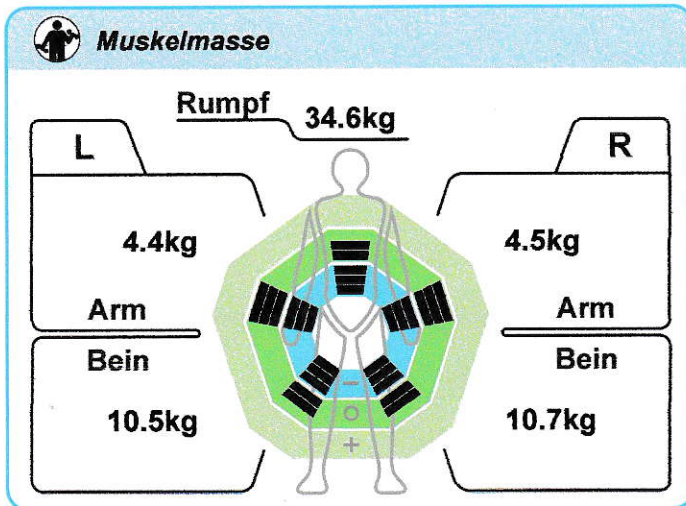
**TBW** **46.4 kg**  
Gesamt-körperwasser **55.8 %**  
**ECW** **19.5 kg** **ICW** **26.9 kg**

**BMR** **8256 kJ**  
Grundumsatz **1972 kcal**  
Niedrig Normal Erhöht

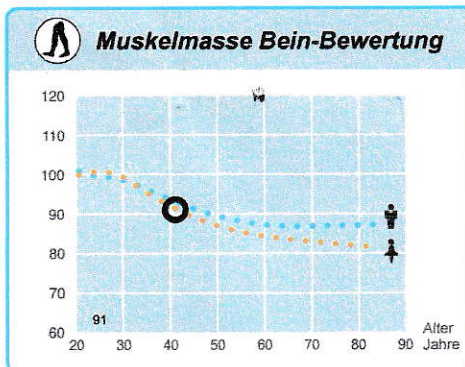
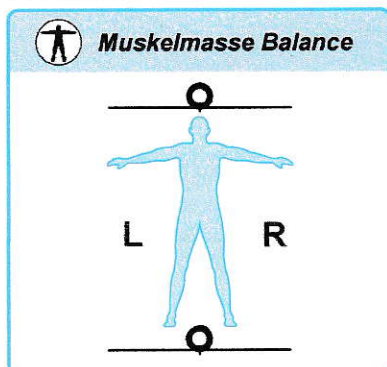
**ECW/TBW** **42.0 %**

**Level Viscerales Fett** **7**  
Normal Hoch Sehr Hoch

**Segmentanalyse**



**Balance**



### BIA Informationen

	5kHz	50kHz	250kHz	Phase Angle
H-L	595.2 / 26.5	521.1 / 55.3	464.9 / 44.6	6.1°
RL	287.9 / 12.0	253.0 / 26.4	227.1 / 19.4	6.0°
LL	282.2 / 11.3	251.4 / 23.6	227.6 / 18.4	5.4°
RH	289.0 / 15.7	244.9 / 30.4	215.2 / 24.8	7.1°
LH	286.8 / 13.9	248.2 / 28.2	219.2 / 23.9	6.5°
L-L	571.1 / 23.1	505.1 / 49.4	456.9 / 37.7	5.6°
RH-RL	602.7 / 29.9	520.6 / 59.9	461.5 / 46.4	6.6°